



# Senior Interclub 2020-2021

## Level 1 Guidelines for play

### Clubs

- All Clubs should have an official MOH NZ Covid Tracer QR code and a manual sign in sheet for contact tracing purposes.
- Clubs should follow safe hygiene practices by providing hand sanitiser and keeping surfaces clean.
- Encourage safe physical distancing and keep teams within their playing bubbles.

### Players

- All visitors to Clubs must sign in upon arrival, either by scanning the QR Code, or filling out the sign in sheet.
- Use the sanitiser provided and wash hands regularly, particularly after touching shared surfaces and equipment.
- Team Captains to fill out Team Lists (for both teams) and match scores. Do not swap Handbooks to do so. Sign your own Handbook, but not your opponent's.
- Teams to stick to their own playing bubbles during Interclub Contests and keep safe physical distancing from other teams and visitors.
- Host teams are expected to provide refreshments as per normal. Please contact the opposition captain if your Team/Club is not comfortable doing so.
- Players should not handle tennis balls from other matches. If tennis balls come onto your court, flick back with your racket, rather than pick these up.
- No high fives, no handshakes. Racket bumps or a friendly wave are encouraged.

### General Reminder

- Remember the Covid-19 Protect Yourself and Others guide:
- Cover any coughs and sneezes with tissues, or your elbow
- Put your used tissue in the rubbish bin or in a plastic bag immediately after use
- Wash and dry your hands often, especially after coughing or sneezing, use soap or hand sanitiser
- Stay away from others if you are unwell – no spectating or playing tennis as you may put others at risk
- Be kind and enjoy the season.